Avonlea Companions
because everyone needs a kindred spirit

There’s a huge gap between home care and connection.

That’s the gap I fill.

Nurses and home care staff do essential work, and they do it well. Their visits are built around tasks, though, and when the task is done, they have to go. A Companion Visit is the time around the tasks, the part that makes a day feel like a day again.

Jill comes for a proper visit. Cards and conversation, a walk, a coffee together. There is no clock watching and no rush out the door, and afterwards the family gets a written update, so you know how your loved one is really doing.

A visit might include

- Conversation, card games, board games, and puzzles
- A walk, or time together in the garden
- Reading aloud, music, and video calls with family, set up and sorted
- Light help at home: tidying, dusting, watering plants, a simple meal, laundry
- Errands and groceries, together or on their behalf

The same familiar face each time. Someone they look forward to seeing.

Companion Visits, $40 an hour

Two hour minimum. In their home, or in a care residence.

Call for a free 20 minute consultation. No obligation, just a conversation.

403-540-9211 · avonleacompanions.com

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