

Avonlea Companions

because everyone needs a kindred spirit

My Promise to Your Family

Inviting someone into your parent's life takes trust.
Here's what that trust means to me:

- ✓ **The same person, every time.** Your parent will always know who's calling or knocking. That's me — Jill.
- ✓ **I'll tell you how it went.** A short update every week, so you're never left wondering.
- ✓ **If something seems wrong, you'll hear from me right away.** A missed call, a worrying change — I alert you immediately.
- ✓ **Your parent's stories stay with me.** What's shared in our time together is private. Always.
- ✓ **I will never accept money, gifts, or bequests from your parent.** My only compensation is my stated fee. I'll never be part of changes to wills or estates — ever.
- ✓ **I arrive scent-free, neat, and on time.** No perfumes, no smoking (I'm a non-smoker) — just clean, comfortable, and punctual.
- ✓ **Their home is their space.** I respect it completely.
- ✓ **I'm a companion, not a caregiver.** Clear boundaries mean better care — I do what I do well and don't pretend at the rest.
- ✓ **If it's not a good fit, I'll tell you honestly.** Not every match works, and I'd rather say so than waste your time.

Jill • 403-540-9211
Jill.gour@gmail.com • avonleacompanions.com
Avonlea Companions — because everyone needs a kindred spirit.