Avonlea Companions
because everyone needs a kindred spirit

Services and Prices

Everything Avonlea offers, in one place.

Companion Visits — $40 an hour

Time together in their home or in a care residence. Conversation, games, walks, reading, light help around the house, and a written update for the family after every visit. Two hour minimum.

Appointment Companion — $45 an hour

Jill goes with them, and stays with them, for medical appointments, the hair salon, nails, or the barber. Two hour minimum. Parking on appointment and hospital visits is paid by the client.

Check-in Calls — $150 or $275 a month

A real phone or video conversation with Jill, once a week for $150 a month, or twice a week for $275 a month. A family update is included after every call.

Story Keeper Sessions — $175

A recorded conversation that becomes a keepsake of their stories, in their voice and their words, for the family to keep.

End-of-Life Companionship — $60 an hour

Quiet company in the final season, from Jill, a Certified Death Doula. At home, in hospital, or in hospice. Two hour minimum. Evenings by arrangement.

All Ready To-Go Binder — $49 a person, workshops

A guided workshop that finishes the binder of final wishes, key contacts, and where everything is. Binder included. One to one at home, $225, up to two visits. Finishing help for workshop binders, $40 an hour, two hour minimum.

Workshops and binder bookings: Joanne, 403-830-7432 · jocookcreative@gmail.com

Avonlea Companions is companionship and company, not medical care or personal care.
Serving Calgary, Airdrie, Okotoks, and High River.

Call for a free 20 minute consultation. No obligation, just a conversation.

403-540-9211 · avonleacompanions.com

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