Avonlea Companions
because everyone needs a kindred spirit

# Some stories are too good to lose.

*And one day, when you can't ask them anymore, what do you wish you could still hear?*

A **Story Keeper Session** is simple. Jill sits with your loved one, asks the right questions, and just listens. No rush, no script. The conversation is recorded, and the stories are typed up in their own words, in a keepsake folder your family can keep and pass down.

And it does not have to stop at stories. Jill can also help create a legacy project, something made now, with love, to leave behind.

## A Story Keeper Session could become

- Their life stories, in a keepsake folder or small book
- A letter for a loved one to open later
- A photo album, built from a lifetime of pictures
- Letters, flowers, or gifts planned ahead for special days

*One husband wrote 12 letters, one for his wife to open each month of the first year.*

Some stories are easier to tell Jill than family, and those she keeps safe until they reach you.

**Story Keeper Session, $175**

Includes a 1.5 hour recorded visit and a printed keepsake folder to treasure.

*A thoughtful gift for the loved one who has everything.*

**Call for a free 20 minute consultation. No obligation, just a conversation.**

403-540-9211 · avonleacompanions.com

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